Kristin Little MS, MA, LMHC

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**Guidelines for Child Therapy Work with Two-Home Families (Over 13 Years of Age)**

You are being offered this contract in order to help me work with your child or children in therapy while acknowledging the specific needs of living in a two-home family. Regardless of the relationship between co-parents, my approach is to avoid introducing conflict between parents for the benefit of children. This means I attempt to share information and suggestions between parents equally or according to your parenting plan. I also avoid the information from counseling children or working with co-parents from being used in litigation in order to create a safe, open, productive space for problem solving and addressing concerns. If you are legally involved in a Collaborative or Cooperative divorce I would be happy to work with your legal team and have contracts specifically for that purpose. This contract allows me to work with your children and both parents in a safe, productive, confidential manner. Below are the agreements that will guide our work:

**I, Kristin Little agree to:**

1. Remain a neutral support-interested in the wellbeing of children and their healthy relationship with both parents
2. Respect client’s confidentiality over the age of 13 and not release any information to parents without permission from client-with the exception of safety concerns as ethically mandated by law.
3. Share information with parents as specified in your parenting plan if given permission by signed release of information of client (your child).
4. Follow medical (therapeutic) decision making as specified in your parenting plan
5. Share information to legal and other professionals if desired only with the signature of both parents and client signature.
6. Not testify in court and/or use children’s information from sessions for litigation purposes (unless required by state laws governing mandatory reporting)

**As parents, you agree to:**

1. Abide by your parenting plan and if requested by Kristin Little, provide a copy.
2. Remain engaged with Kristin Little by scheduling parent sessions (individual or joint) when requested by Kristin Little and desired by your child indicated by their written permission.
3. To disclose as soon as possible any concerns regarding your safety, children’s safety, or the safety of any party. You recognize that such issues may preclude you from being appropriate for joint sessions and may result in reporting to relevant authorities
4. To utilize information discussed in any parent sessions only for the purpose of supporting your child or with mental health or parenting strategies and to not subpoena the records of Kristin Little, LMHC for the purposes of litigation.
5. Be respectful of your children’s need to be free from adult concerns and refrain from

negative information regarding the other parent and/or adult issues related to co-parenting.

Signature of client Date

Signature of client Date

Kristin Little Date